

“VOICES AND RHYTHMS: EXPLORING MUSIC TRADITIONS THROUGH PODCASTS”



A cura di Ruffino Alessandro
Docente fondatore del progetto



COUNTRIES INVOLVED IN THE PROJECT



ITALY



GREECE



PORTUGAL



SPAIN



TURKEY

Project card

Participating Schools:

- 1) ICS "Pellico" sede di Portopalo CP, Italy
- 2) Pınar Kulfat Primary School, Köyceğiz/Muğla/Turkey
- 3) Arsakeio Junior High School of Thessaloniki, Eleones Pylaias, 55535, Thessaloniki, Greece
- 4) 2nd Primary School of Artemida, Attica - Greece
- 5) Escola EB2,3 de Frei Bartolomeu dos Mártires, Viana do Castelo, Portugal
- 6) CEIP Mediterráneo, Puerto de Sagunto, Valencia, Spain
- 7) Urla Science and Art Center Urla / İzmir/Turkey

Project ID: 155789

Language: English

Age range: From 10 to 14

Subjects of teaching:

Music, ICT, Foreign Languages, Citizenship, Geography, Art, History

Key Competences:

Citizenship, Cultural awareness and expression, Digital, Multilingual, Personal, social and learning to learn

Introduction



Questo progetto ha permesso agli alunni di esplorare e approfondire le diverse tradizioni musicali dei 5 paesi europei coinvolti.

Ogni mese, gli alunni si sono concentrati su un tema specifico, che spaziava dalla musica tradizionale, agli strumenti tradizionali e ai generi musicali, creando diversi episodi del Podcast “**Voices and Rhythms from Europe**”. Alcuni episodi hanno incluso anche interviste a musicisti ospiti o esperti.

Infine, gli alunni hanno avuto l'opportunità di eseguire e condividere performance di brani musicali tradizionali.

The main goals



Esplorare diversi generi musicali, strumenti e tradizioni musicali culturali. Condividere e confrontare tradizioni e preferenze musicali con coetanei di altri paesi.



Riconoscere e rispettare la diversità. Incoraggiare il lavoro di squadra e la collaborazione europea utilizzando strumenti digitali.



Far acquisire agli alunni come usare software di podcasting e strumenti di editing audio/video. Sviluppare competenze digitali e nella lingua inglese.

What were the activities?

Il progetto è iniziato con le presentazioni audio degli alunni, che sono poi state unite per realizzare il primo episodio del podcast del progetto. Nell'attività di icebreaking "Listen Up", gli studenti hanno ascoltato brani tradizionali selezionati dai Paesi partner e partecipato a un quiz per indovinarne l'origine, avvicinandosi così alla tematica del progetto. Il logo del progetto è scaturito da una collaborazione di gruppi internazionali misti.

THE MAIN ACTIVITIES

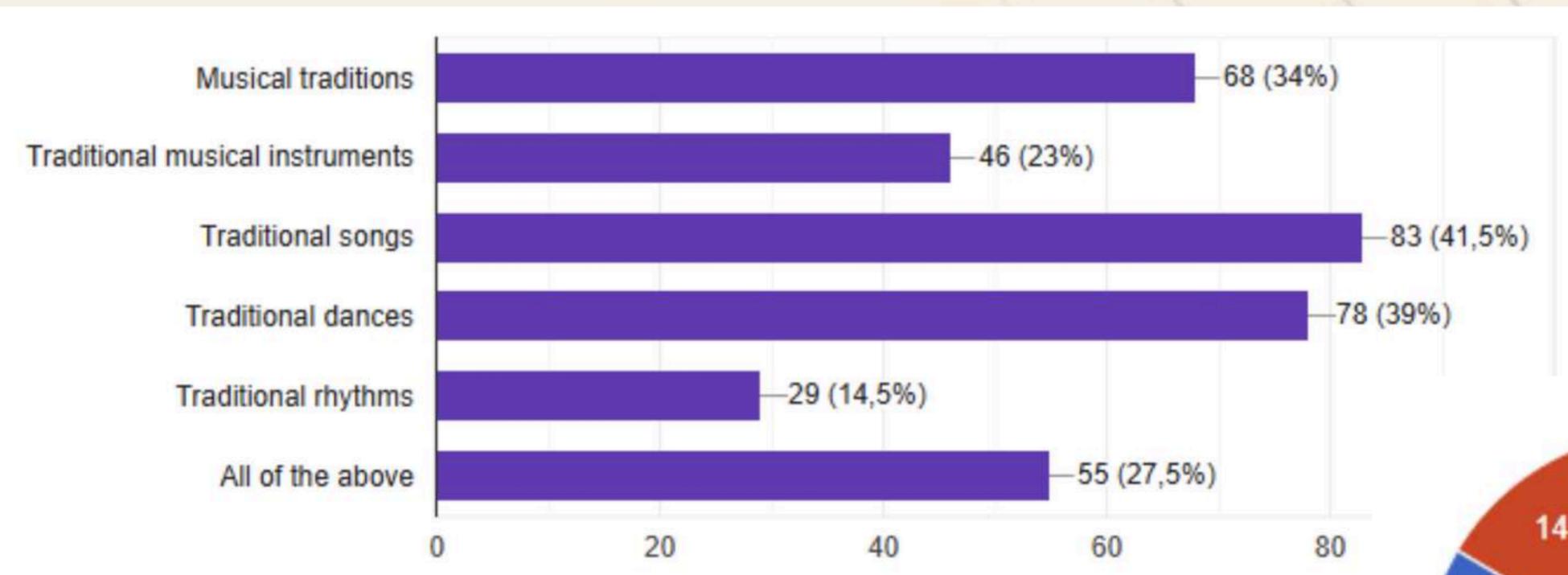
Il percorso si è sviluppato in 4 principali attività:

- 1) **Overview of European Musical Traditions** (Esplorare le tradizioni musicali del proprio Paese e collaborare con i partner europei per creare un episodio internazionale del podcast).
- 2) **Exploring Traditional Instruments** (Ricerca storia, costruzione e suono degli strumenti tradizionali del proprio Paese e realizzare insieme un episodio del podcast che valorizzi il patrimonio musicale europeo).
- 3) **Exploring Songs and Traditional Dances and rhythms** (Esplorare i canti popolari, collegare musica e danze tradizionali, realizzare un episodio che racconti la cultura musicale del proprio Paese).
- 4) **Reflections on the project: what i learned** (Gli studenti hanno riflettuto su tradizioni musicali, strumenti, canti e danze popolari rispondendo a un'intervista. Le loro risposte sono state raccolte e trasformate nell'episodio finale del podcast).



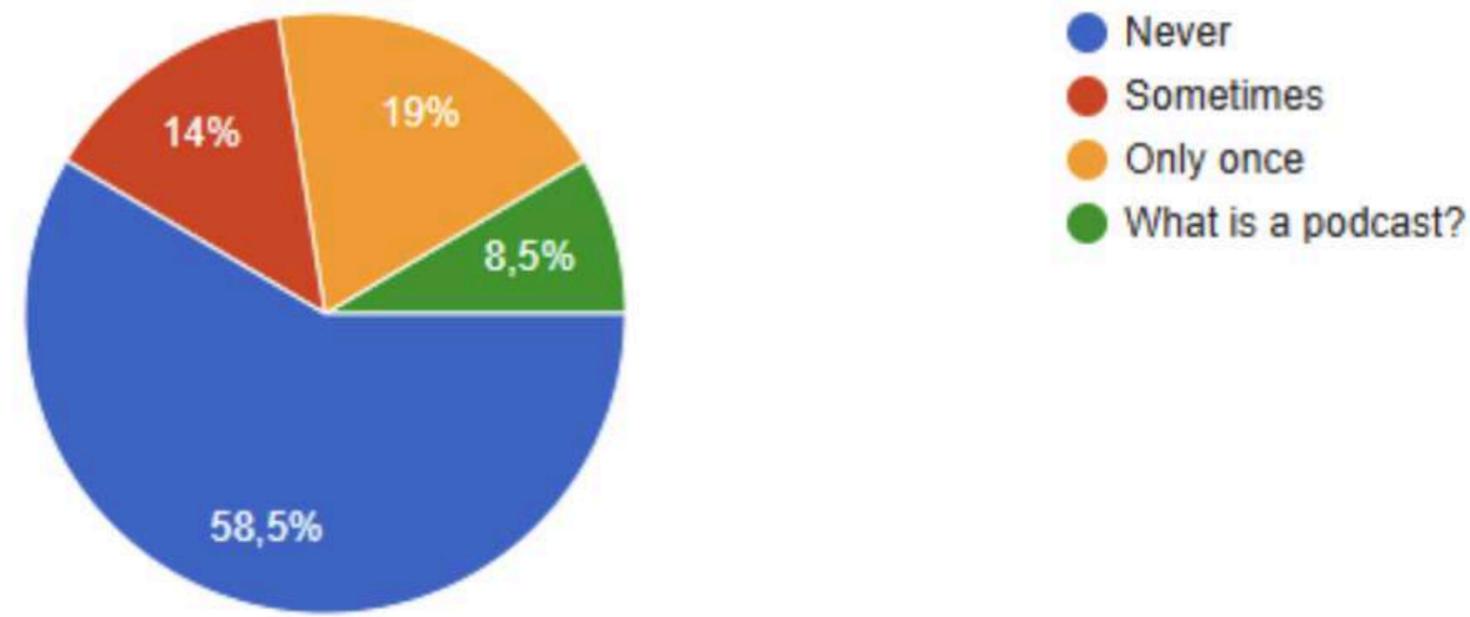
Quali erano le aspettative e le competenze percepite all'inizio del progetto?

What are you most interested in learning?



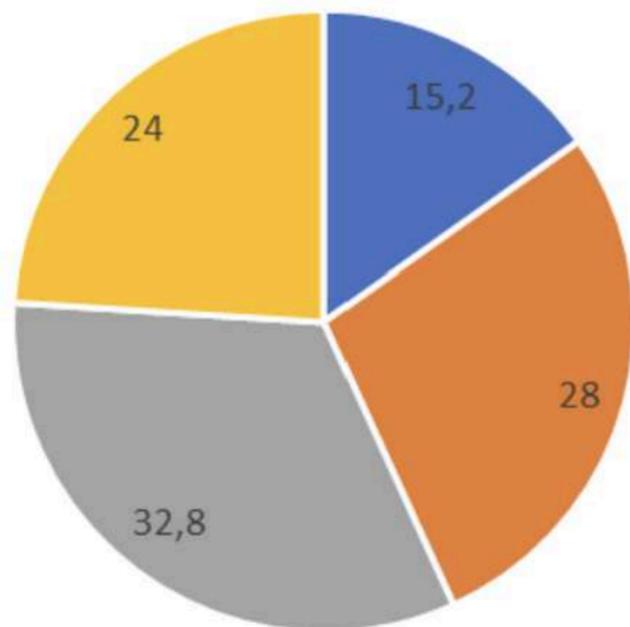
150 alunni di 8 scuole

Have you dealt podcast before?



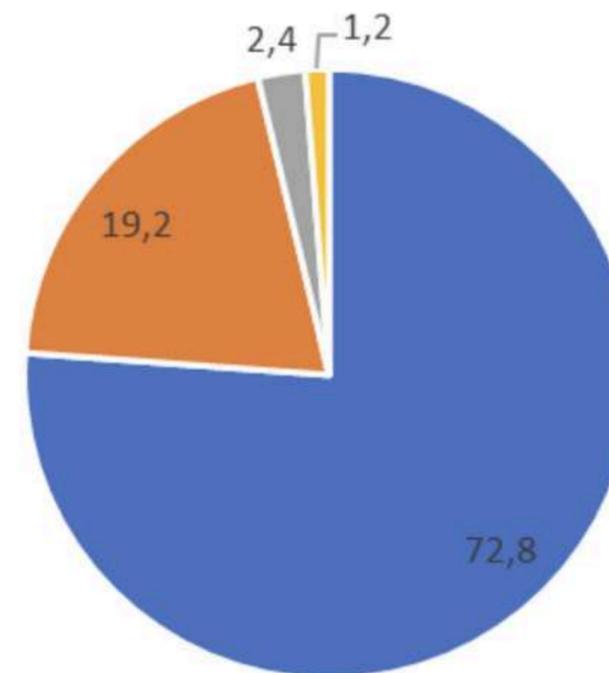
Quali sono le competenze acquisite o le consapevolezze maturate al termine del progetto?

3. Which part of the cultural music activities did you find most interesting during the project?



■ Musical traditions ■ Traditional instruments ■ Traditional songs ■ Traditional dances

10. Did you enjoy creating or listening to podcasts during the project?



■ Yes, a lot ■ A little ■ Not really ■ Not at all

125 alunni di 7 scuole

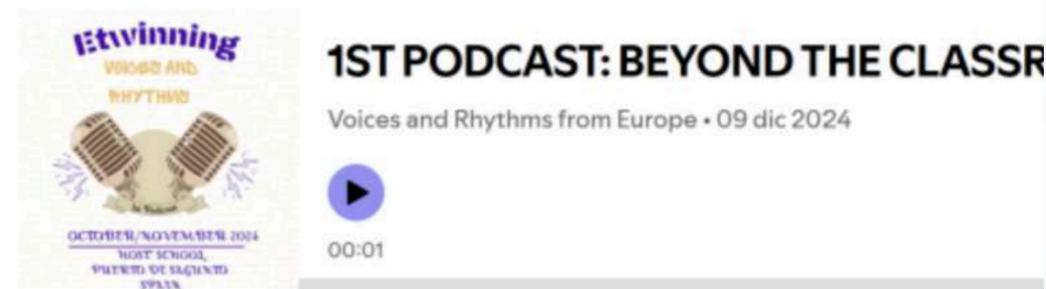
Meet, Greet and Listen Up

#eTwinPremi25

Let's get to know each other!

You need to record a message about yourself (max 60s). In your recording, talk about yourself, your favorite music, your hobbies, and your likes and dislikes. These recordings will be used to create our first podcast, so not done, upload your recording to the Twinboard below.

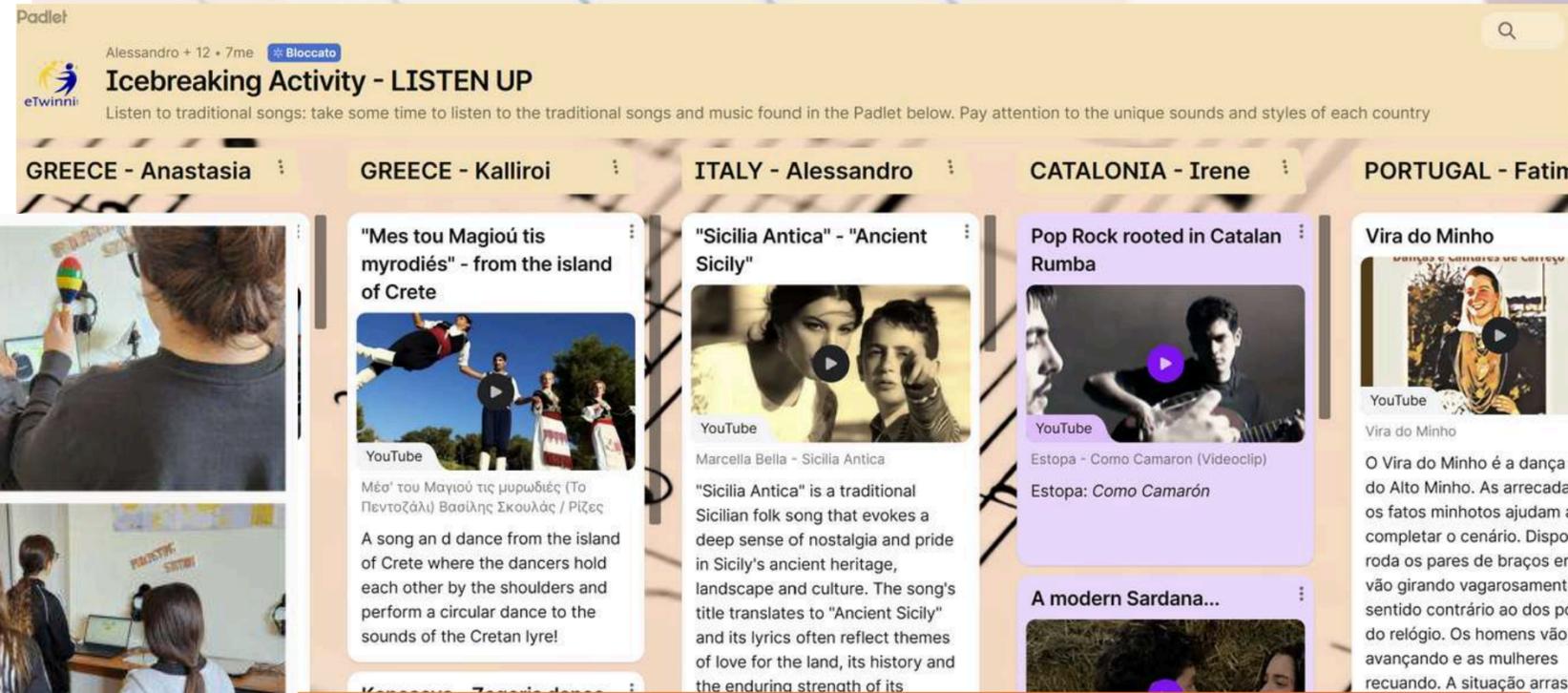
1ST PODCAST: BEYOND THE CLASSROOM. THE PROJECT AND STUDENTS PRESENTATION



1ST PODCAST: BEYOND THE CLASSROOM
Voices and Rhythms from Europe • 09 dic 2024



1ST PODCAST: BEYOND THE CLASSROOM. THE PROJECT AND STUDENTS PRESENTATION



Icebreaking Activity - LISTEN UP
Listen to traditional songs: take some time to listen to the traditional songs and music found in the Padlet below. Pay attention to the unique sounds and styles of each country

- GREECE - Anastasia
- GREECE - Kalliroi
- ITALY - Alessandro
- CATALONIA - Irene
- PORTUGAL - Fatim

Examples of songs listed:
- "Mes tou Magiou tis myrodiés" - from the island of Crete
- "Sicilia Antica" - "Ancient Sicily"
- Pop Rock rooted in Catalan Rumba
- Vira do Minho



Pronti a partecipare? 

Vai a play.panquiz.com oppure scarica l'app PanQuiz

PIN: **77 57 76**

Icebreaking Activity - Music Listening Challenge

CONFERENZA NAZIONALE
E PREMI 2025

Palermo - 11/13 dicembre 2025

Creative Harmony Il logo del progetto

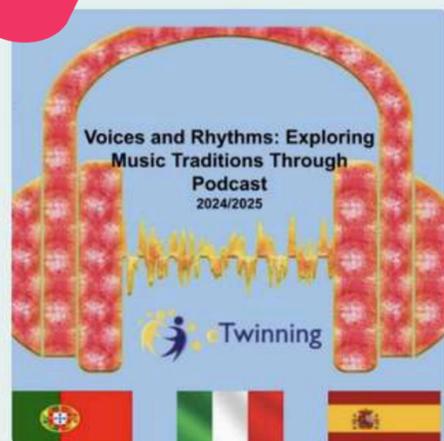
#eTwinning



Team 6 Logo



Team 3- Logo



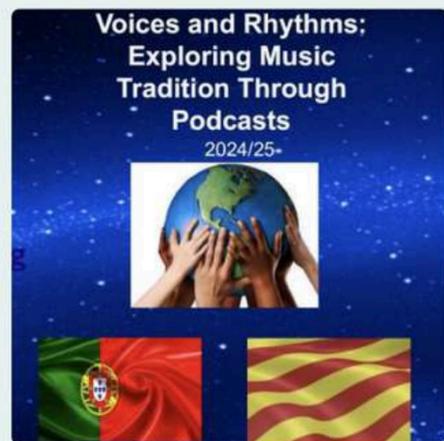
Team 7-Logo



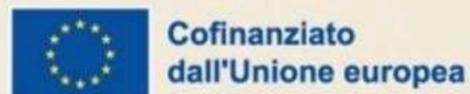
Team 1-Logo



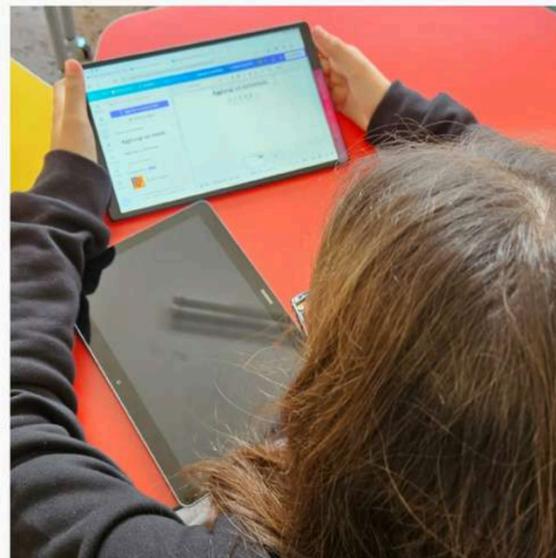
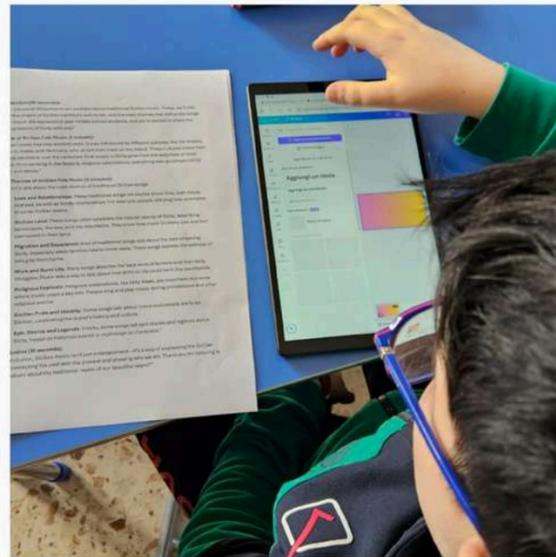
Team 5



Team 2



Palermo - 11/13 dicembre 2025



Origins of Sicilian Folk Music (1 minute):

"Sicilian music has very ancient roots. It was influenced by different cultures, like the Greek Romans, Arabs, and Normans, who all left their mark on the island. These cultures mixed their musical traditions over the centuries. Folk music in Sicily grew from the daily lives of local people: from working in the fields to religious celebrations, everything was accompanied by music and dance."

Main Themes of Sicilian Folk Music (3 minutes):

"Now let's talk about the main themes of traditional Sicilian songs:"

- 1. Love and Relationships:** Many traditional songs tell stories about love, both happy and sad, as well as family relationships. For example, people still sing love serenades in some Sicilian towns.
- 2. Sicilian Land:** These songs often celebrate the natural beauty of Sicily, describing landscapes, the sea, and the mountains. They show how much Sicilians love and feel connected to their land.
- 3. Migration and Separation:** A lot of traditional songs talk about the pain of leaving



Preparing podcasts

#eTuPremi25

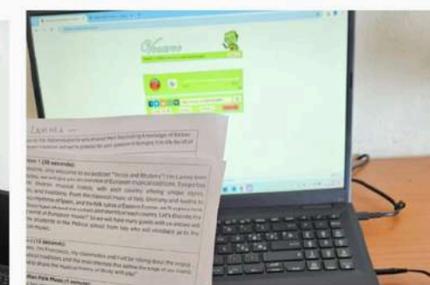
Podcast: episodi di durata compresa tra 40 e 60 minuti:

1. Introduzione (2/3)
2. Contenuto principale (30/40)
3. Intermezzi musicali (1/2 minuti)
4. Interazione con l'ospite (5/10)
5. Conclusione (2/4)

Il processo di lavoro del podcast

1) La Host School realizza l'episodio, creando l'introduzione musicale, assemblando i materiali dei partner e presentando il prodotto finale.

2) Le scuole partner preparano i materiali e collaborano con la scuola ospitante per scegliere introduzioni e clip musicali.



Student collaboration on TwinSpace

The screenshot shows the TwinSpace forum interface. At the top, there's a header with the project title and a navigation menu (Home, Pages, Materials, Forum, Online meetings, Members, Support). Below the header is a search bar and a 'New discussion' button. The main content area features three featured threads: 'Celebrating eTwinning Day - Questions (students' interview)', 'Podcast Reflection Activity', and 'CREATIVE HARMONY: DESIGN THE PROJECT LOGO'. Each thread includes a thumbnail image, a title, and statistics for threads and replies.

This section displays two comment threads. The first thread is from Rita Carvalho, replying to Alessandro Ruffino. She introduces herself as a student from Viana do Castelo, Portugal, and expresses pleasure in meeting the others. The second thread is from Matilde Italy, also replying to Alessandro Ruffino. She discusses the team's decision to use a blue background and flags in the logo design.

This section displays three more comment threads. Çağanturkey izmir suggests putting flags on each other and the earth. Liliana Italy responds that the idea is not bad. Saygınturkey izmir suggests writing the project name. The final thread is from Liliana Italy replying to Alessandro Ruffino, proposing a logo design with a yellow and blue background, flags, a microphone, and a world map.

Overview of European Musical Traditions

#eTwPremi25

PORTUGUESE MUSICAL TRADITIONS

Presentation about
PORTUGUESE
MUSICAL
TRADITIONS

https://esmaior-my.sharepoint.com/:p:/g/personal/fatimasimoes_esmaior_pt/EdlgUs...



Origins of Sicilian Folk Music

The students of class 2F have prepared a presentation on the origins of Sicilian folk music



Buket Y Canbaz /Pınar Kulfat Primary School /Muğla/ Türkiye

Here is a short presentation about the origins of Turkish music traditions. If you have further questions , write in the forum of Twinspace please.



PORTUGUESE MUSICAL TRADITIONS PDF



Cansu B. Urla Bilim Sanat Merkezi İzmir/Türkiye

We have prepared a



PODCAST
Host School
Italy

Traditional Instruments

#eTuPremi25



Pagina 2 - Aggiungi titolo pagina

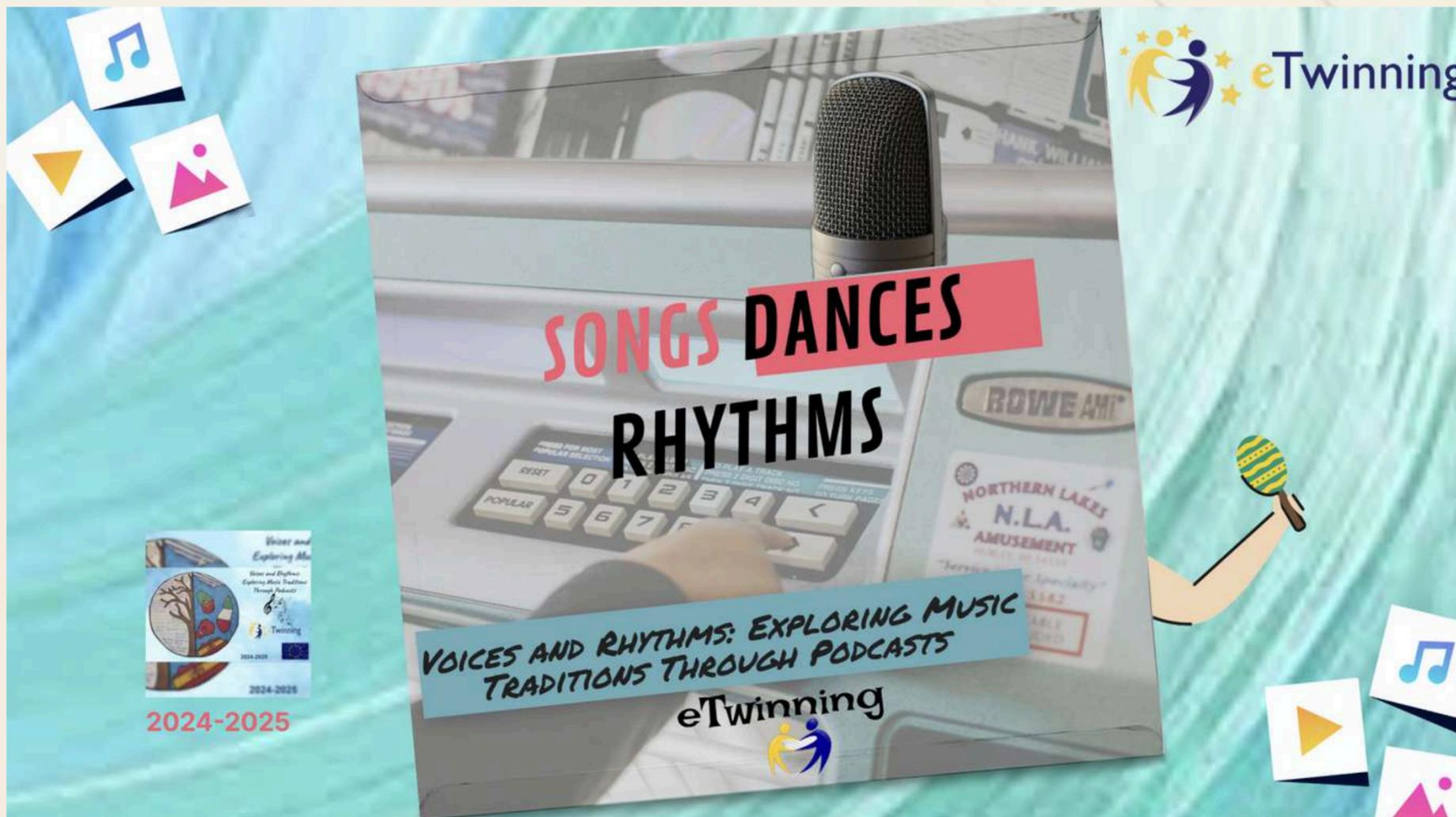
Ebook



PODCAST 
Host School
Portugal

Songs and Traditional Dances and Rhythms

#eTwinning25



Regadinho from Portugal

Students from Portugal learned to dance the "Regadinho", a traditional dance from the north of the country. Thank you to the Physical Education teacher

<https://youtu.be/JtXcXniCeU4>

Zagorisios - 2nd PS of Artemis

Students of the 2nd Primary School of Artemis learn Zagorisios dance, from the villages of Epirus with the help of the Physical Education teacher.

<https://youtu.be/jCfrwAKX5g4>



Trying...tarantella - 2nd Primary School of Artemis

Students of 2nd PS of Artemis, loved the Italian tarantella. Today they tried with great enthusiasm to learn the steps and dance. It was very fun and we had a great time!



Italian students learned to dance the Sicilian Tarantella



Italian Team
Today my students tried dancing the Greek dance Sirtos from Epirus. They

PODCAST

Host School
Greece/Attica

Reflections on the Project

#eTwinning25



Forum

New discussion

Search by keywords

Search

CREATIVE HARMONY:
DESIGN THE PROJECT
LOGO

7 threads 186 replies

Podcast Reflection Activity

2 threads 54 replies

Celebrating eTwinning
Questions (student
interview)

6 threads 65 replies

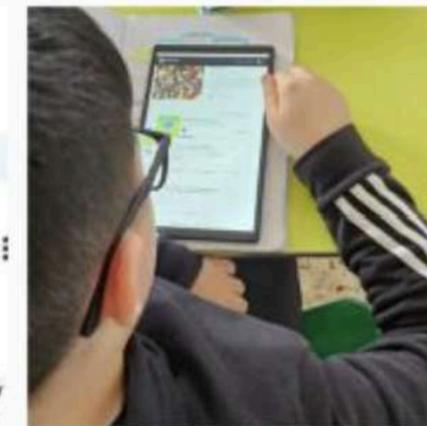


Post comment

Liliana Italy in reply to
Alessandro Ruffino
2 days ago

Good morning everyone, in my opinion this podcast was very interesting and interactive. Personally I learned a lot from this podcast and I listened to melodies and musical tradition I had never heard before and it was exhilarating to hear all these traditions come together

Comment Report 0



Voices and Rhythms:
Exploring Music Traditions
Through Podcasts

Home Pages Materials Forum On

Home > > Forum >

Podcast Reflection Activity

Podcast Reflection
Activity

After listening to one of the podcast episodes about Voices&Rhythms from Europe, we invite you to share your thoughts in the forum. Each episode has its own thread where you can write a short message.

New thread

More options



PODCAST
Host School
Greece/Thessaloniki

Ode to Joy - Celebrating What Unites Us

#eTwinning25



ITALY

Gioia, figlia della Luce
Dea dei carmi, Dea dei fior.
Il tuo genio ne conduce
per sentieri di splendor.

Il tuo raggio asciuga il pianto,
sperde l'ira, fuga il duol.
Vien, sorridi a noi d'accanto,
primogenita del sol.

1° ICS "S. Pellico" - Via Cirinnà,
4 - 96018 Pachino(SR)
Sicily - Italy

Celebrating what unites us #eTwinning20

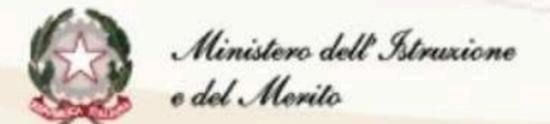
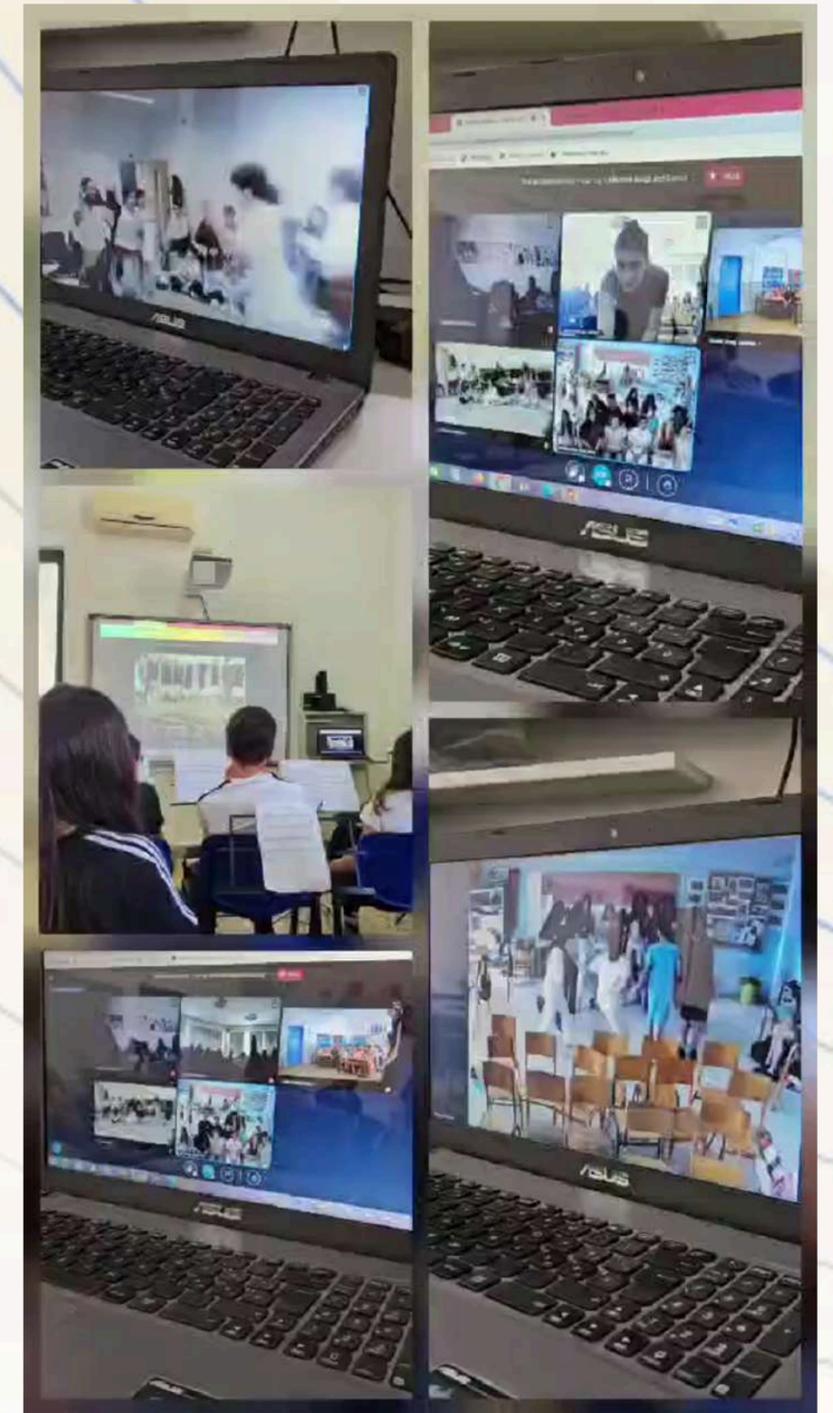
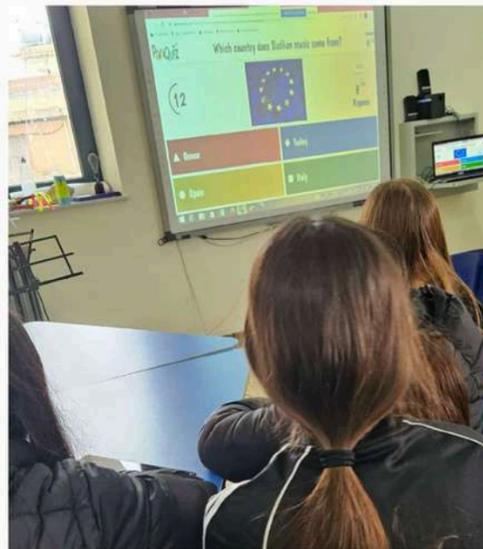
The Italy section features a green background with a white box containing the Italian flag and the word 'ITALY'. Below this is a musical staff with lyrics in Italian. At the bottom, there is a logo for 'Celebrating what unites us #eTwinning20' and an illustration of children singing.

CONFERENZA NAZIONALE E PREMI 2025

Online student meeting

#eTwinPremi25

Palermo - 11/13 dicembre 2025



we are on spotify

#eTwinning25

Spotify

Cosa vuoi ascoltare?

Esplora Premium

Installa app

V

Podcast

Voices and Rhythms from Europe
Voices & Rhythms

Segui

Informazioni

This Podcast wants to explore about different European musical traditions. Each month, students will focus on a specific theme, ranging from traditional music, traditional instruments, and musical genres, and create a podcast episode that may include interviews with guest musicians or experts. Additionally, students will have the opportunity to perform and share their own musical pieces.

5 ☆ (3) • Istruzioni

2nd Podcast: European Musical Traditions
Voices and Rhythms from Europe

0:12 45:35

Voices and Rhythms from

ETWINNING

Voices & Rhythms
2nd Podcast

Host School
1° ICS "PELLICO" - ITALY

European Musical Traditio
Voices and Rhythms from Europe

Informazioni sul podcast

This Podcast wants to explore about different European musical traditions. Each month, students will focus on a...



Teachers Communication and Collaboration

WhatsApp chat screenshots showing project discussions and file sharing. Key messages include: "Rut Spain POD: I think it is better to create a page and subpages where everything is organized. 1st PODCAST...", "Fatima PORTUGAL POD: Is there no text for Portugal?", and "Anastasia Gkini: Good morning, I can understand Rut as the activities have started to do at home, they complain that they have not many time free as they are studying for exams and participate to various outschool activities. So, I would propose to do one of the netiquette activity now, in November (writing their own internet netiquette rules on forum) and the other, writing in the google sheet to create a quiz, in February, for the safe internet day. It would be a solution. But, of course we will follow whatever you decide."

ew eTwinning project about Music Tradition through Podcast

Modifica Visualizza Inserisci Formato Strumenti Estensioni Guida

100% Testo nor... Times ... 12 B I U A

Alessandro: black color - Buket: green color - Cansu:red color - Anastasia: blue color , Eva :purple , Rut Anierte: light blue, Kallimoi : light green, Fátima: yellow color

Project Title:
"Voices and Rhythms: Exploring Music Traditions Through Podcasts"

Language: English

Subjects: Music, Informatics / ICT, Foreign Languages, Citizenship, Art, History of Culture

Age range: from 10 to 12 [10-15]

Max. or min. number of students can participate

Partner countries: Türkiye, Türkiye, Italy, Spain, Greece, Spain (Catalonia),Romania; Portugal

About the project:
This project will allow students to explore and learn about different European musical traditions. Each month, students will focus on a specific theme, ranging from traditional music, traditional instruments, and musical genres, and create a podcast episode that may include interviews with guest musicians or experts. Additionally, students will have the opportunity to perform and share their own musical pieces.

Aims:

- Improve students' ability to express ideas verbally through podcasts
- Explore various musical genres, instruments, and cultural music traditions
- Encourage teamwork and collaboration across borders using digital tools

Zoom meeting screenshot showing a grid of participants. The meeting title is "2nd teachers meeting" and the time is 11:00. Participants include ANASTASIA GKINI, Fátima Simões, Alessandro Ruffino, Buket Yaras Canbaz, and others.

simple, we don't need any special tools (if you use them it's better), we just need a simple

Espandi

Cansu Balceli
21 set 2024
Yes,thanks Alessandro. 🙏

Eva Música
25 set 2024
Maybe it's better audio ,cause of the environment noise :)

Overview

Bul
21 s
Dear Ales...
Will they b...
the start ?
or ice bre...

Teacher bulletin

<p>26 Jan 2025</p> <p>Podcast 2_Arsakeio Secondary School of Thessaloniki</p> <p>Arsakeio Secondary School of Thessaloniki students have prepared the presentation and the podcast about the musical traditions of Greece, which have been uploaded on the Twinspace.</p> <p>ANASTASIA GKINI</p>	<p>26 Jan 2025</p> <p>kahoot game questions from students of 2nd P.S. of Artemis</p> <p>The students of the 2nd P.S. of Artemis completed their kahoot game questions about internet safety.</p> <p>Show more</p> <p>Καλλιρόπη Τσολάκη</p>	<p>22 Jan 2025</p> <p>Italian team and podcast 2</p> <p>The Italian students have uploaded their audio file about Sicilian music traditions and are ready to assemble the audio files from all the countries to prepare the second podcast.</p> <p>Alessandro Ruffino</p>
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< Previous Next >



PEDAGOGICAL INNOVATION AND CREATIVITY

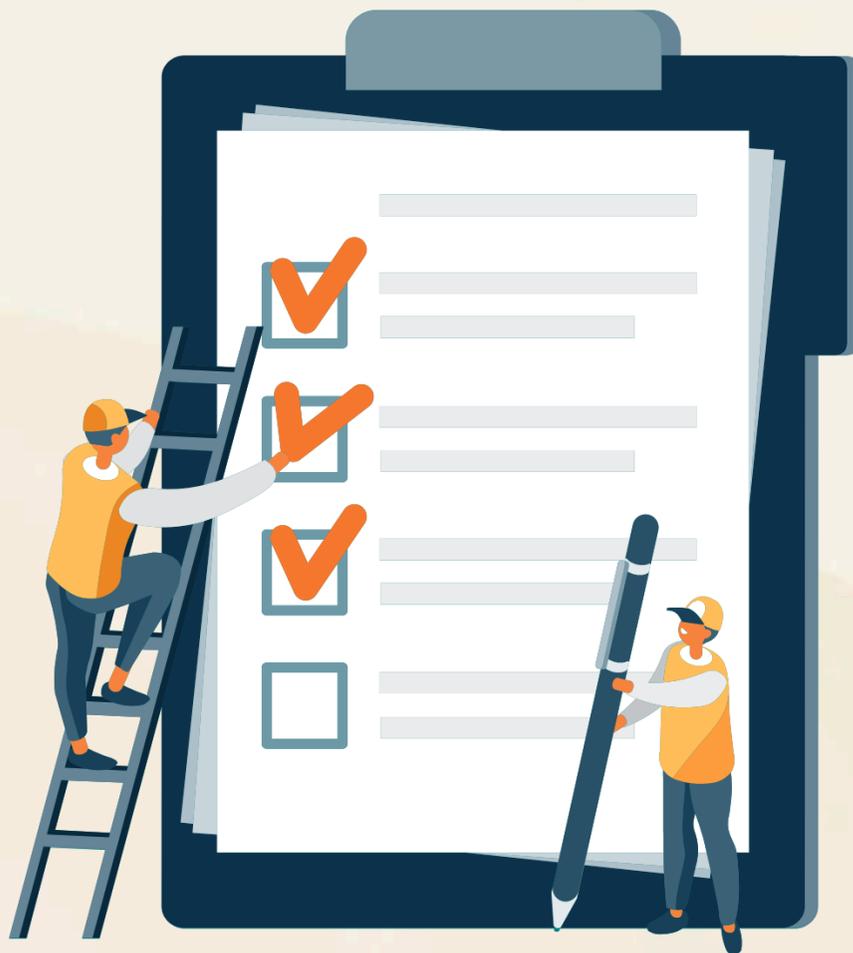
Il progetto ha valorizzato un approccio innovativo basato sul project-based learning, che ha reso gli alunni protagonisti attivi e creativi. Attraverso lavori di gruppo, anche internazionali, e l'uso di diversi web tools, gli alunni hanno realizzato prodotti digitali originali, sviluppando creatività, competenze digitali e collaborazione. Un percorso motivante e inclusivo che ha trasformato l'apprendimento in un'esperienza davvero significativa.

Gli alunni hanno potenziato l'uso consapevole degli strumenti digitali e la capacità di creare contenuti efficaci.

Allo stesso tempo, grazie alla collaborazione con i partner europei, hanno consolidato le competenze musicali e migliorato l'inglese in modo autentico e motivante.



ASSESSMENT RUBRIC



Assessment Rubric: Voices and Rhythms: Exploring Music Traditions Through Podcasts

Participant Name: _____ Date: _____

Criteria	Excellent (4)	Good (3)	Satisfactory (2)	Needs Improvement (1)
Participation	Actively engages in all activities, demonstrates enthusiasm and takes initiative.	Participates willingly, but may need encouragement at times.	Participates intermittently, often requires prompting.	Rarely participates, shows disinterest.
Collaboration	Works exceptionally well with peers, listens actively, and contributes positively.	Collaborates effectively, but may need occasional guidance.	Sometimes struggles to work in a group, requires consistent supervision.	Rarely cooperates, disrupts group dynamics.
Communication	Expresses ideas clearly and articulately, actively listens to others, and contributes thoughtfully.	Communicates effectively, with occasional misunderstandings.	Ideas are often unclear or not well-expressed, struggles to listen or convey thoughts.	Rarely communicates, hindering group discussions.
Critical Thinking	Consistently analyzes situations, offers insightful solutions, and asks probing questions.	Demonstrates critical thinking, but may overlook some aspects.	Occasionally demonstrates critical thinking, with inconsistency.	Rarely engages in critical thinking, relies heavily on others.
Creativity	consistently brings innovative ideas to the table, and thinks outside the box.	Demonstrates creativity, occasionally lacks originality.	Rarely suggests new ideas, often repeats existing ones.	Rarely displays creativity or original thinking.
Knowledge Gained	Demonstrates a deep understanding of the importance of the European musical tradition discussed during the program	Has a good grasp of the importance of the European musical tradition issues, with occasional gaps in understanding.	Displays limited understanding of the importance of the European musical tradition issues.	Shows minimal knowledge of the importance of the European musical tradition issues.
English Language	Communicates fluently and accurately using A1-A2 level English.	Communicates effectively, with occasional grammatical errors or hesitations.	Struggles to communicate ideas in English, frequent errors and difficulties.	Minimal use of English, hindering communication.

Overall Comments:

Teacher's Signature: _____

Student's Signature: _____

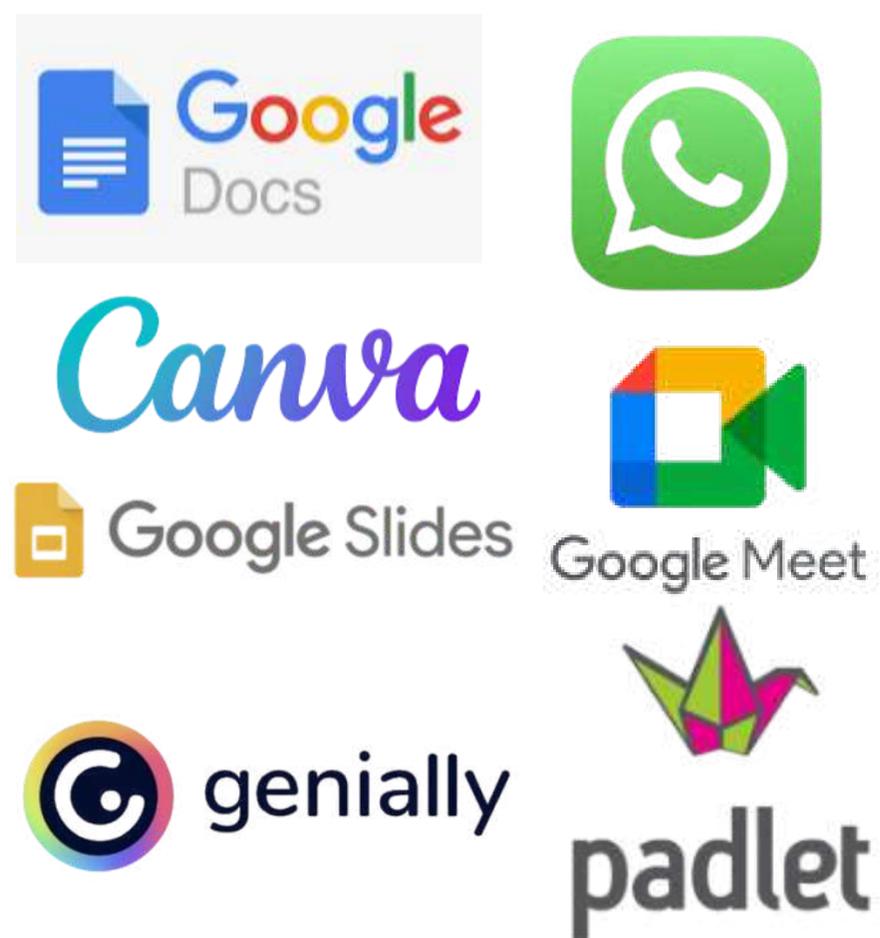
USE OF TECHNOLOGY

Strumenti del TwinSpace

Ricerca e raccolta materiali



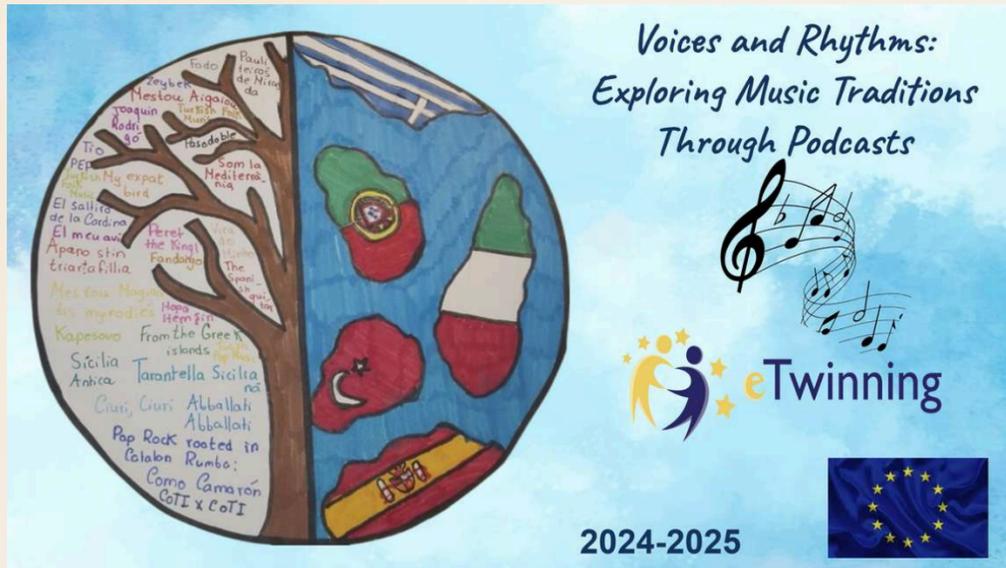
Collaborazione e comunicazione



Creazione e riflessione



The project was awarded with...



NATIONAL QUALITY LABEL



Alessandro Ruffino

ICS 1 "S. Pellico" di Pachino, Italy

is awarded with the National Quality Label

for the project:

Voices and Rhythms: Exploring Music Through Podcasts

09.10.2025

This project is awarded a high level of digital competence according to the European Framework for the Digital Competence of Educators and the UNESCO ICT Competency Framework for Educators. It is also an excellent example of cooperation by the Education Digital Competence Framework awarded by the European Union Education Platform.



National Support Organisation
Italy

EUROPEAN QUALITY LABEL



Alessandro Ruffino

ICS 1 "S. Pellico" di Pachino, Italy

is awarded with the European Quality Label

for the project:

Voices and Rhythms: Exploring Music Traditions Through Podcasts

26.11.2025



Santi Scimeca
Central Support Service
Project manager



"La musica è un linguaggio capace di farsi capire in qualunque parte del mondo. È come la vita, si può fare solo in un modo: mettendo tutto se stessi."

- Ennio Morricone -



Thank you for attention!

Do you have any question?

Contatti



alessandroruffino19@gmail.com



@alessandroruff8



@Ruffino19